

Letter of Approbation

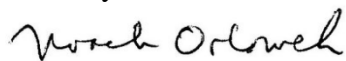
Rabbi Noach Orlowek
Yeshivas Torah Ore

17 Adar 5769

I have known Rav Yosef Lynn for a number of years, both personally and, in the course of time, have come into contact with his students and colleagues in Machon Yaakov in Yerushalayim. He is both skilled in his עבודת הקודש and dedicated wholeheartedly to his students.

The Vilna Gaon ז"ל tells us that our purpose in life is to perfect our character. With much investment of time and thought, Rabbi Lynn has constructed a handbook, a map of sorts, which helps guide a person through the difficult personal twists and turns of self-development. While I believe that it is impossible to develop a written pathway to self-development that totally obviates the need for any personal guidance from experienced teachers, Rabbi Lynn has given us a tried and tested path, where he helps a person gauge his progress, and, most importantly, develop and be truly sensitive to who he/she is as a person. His students have testified to me how much this workbook has helped them, and I hope that Rabbi Lynn will be successful in making it available to a wider circle of people who seek to understand themselves and to make more successful use of their lives.

Sincerely,



Noach Orlowek
Yerushalayim